

FEBRUARY 2018

Orcas Island School District

Free & Reduced Applications
may be turned in at any time of
the school year.

Monday

Tuesday

Wednesday

Thursday

Friday

Ground Beef Stroganoff
Green Beans
Rolls **5**

K-5 Macaroni & Cheese
Animal Crackers
Peas
6th thru 12th
Butternut Squash Chicken Curry
Rice **6**

Gyros
or Sun Butter & Jelly Sandwich **7**
Hummus
Carrot Stick
Celery Sticks
Fruit

Beef Paprikash
Pasta
Homemade Rolls
Zucchini **1**

Hot Dog
Baked Beans
Potato Salad **2**

Fish
Coleslaw
Potato Salad **12**

Brazilian Sweet Potato, Mango
& Black Bean Stew
Brazilian Corn Bread **13**

Spaghetti Tacos
Special Dessert **14**

Hamburger, Cheese Burger or
Garden Burger
Roasted Veggies **8**

Homemade Chicken Soup
Homemade Roll
Yogurt & Blueberries
Baked Squash **9**

Shepherd's Pie
Kale Salad
Homemade Rolls **15**

K-5 Chicken Stir Fry
Rice
6th thru 12th
Pho Soup
Chicken Banh Mi Sandwiches **16**

WINTER BREAK **19**

WINTER BREAK **20**

WINTER BREAK **21**

WINTER BREAK **22**

WINTER BREAK **23**

Tuna & Noodles
Homemade Rolls
Peas **26**

Corn Chowder
Cheese Bread Stick
Fruit Cup
HS Garlic Cheese Toast **27**

Tacos
Homemade Salsa
Sour Cream
Sun Butter Bar **28**

1% White or Fat Free White Milk is served Daily. Fat Free Chocolate Milk is available on Friday
We offer a variety of Fruits and Vegetables on our self serve Bar. Local Beef, Pork and Veggies will be served when available.
In order to provide healthy, fresh meals changes may be made to the menu.
This institution is an equal opportunity provider.

